

## GRADES 7 & 8

### Family Living Education

#### Grade 7 *Emotional and Social Growth and Development*

- Reviews physical, emotional, social and intellectual maturation.
- Discusses male and female reproductive systems.
- Covers stress and anger management techniques.
- Emphasizes emotional and social growth reviewing acceptable and unacceptable behaviors including bullying and harassment.

(85 min.)



### Family Living Education

#### Grade 8 *Adolescence-A Time for Decisions*

- Reviews the male and female reproductive systems
- Discusses misinformation about the timing of conception and pregnancy.
- Covers the risks and consequences of teenage sexual activity, including unplanned pregnancy and sexually transmitted diseases.
- Stresses abstinence and responsible choices.

(85 min.)

### General Health Education

#### Grade 7 & 8 *Get High on Life*

- Teaches students how peer pressure, self image and advertising impact their decisions.
- Discusses the effects of drug use and abuse on the developing adolescent body and mind.
- Covers alcohol, tobacco, ecstasy, cocaine, inhalants, marijuana, and other street drugs.

(85 min.)



### AIDS Education

#### Grade 7 *AIDS: Facts and You*

- Provides the most current research information available about HIV/AIDS.
- Covers modes of transmission, the immune system and disease progression.
- Emphasizes the importance of abstinence and mature decisions in preventing disease.

(85 min.)



## HIGH SCHOOL

### Family Living Education

#### Grade 9-12 *Family Living*

- Discusses the male and female reproductive systems.
- Describes the menstrual cycle, embryonic and fetal development, and the sequence of events in labor and delivery.
- Explores the health needs of the pregnant woman and the tasks and responsibilities of parenting. (85 min.)



### Family Living Education

#### Grade 9-12 *Being and Becoming*

Prerequisite: Prior student knowledge of the male and female reproductive system.

- Explores the topic of sexuality and the responsibilities of young adulthood.
- Reviews consequences of sexual relationships including unplanned pregnancy, contraception, and sexually transmitted diseases including HIV/AIDS.
- Shows slides of STDs. (85 min.)

### Family Living Education

#### Grades 9-12 *It's Up to You*

- Explores the physical, psychological, and social risks of recreational drug use.
- Offers support to students who do not use drugs.
- Encourages students to examine their attitudes about drugs, and how drug use affects oneself, family, friends and the community.

(85 min.)



### Family Living Education

#### Grades 9-12 *BSE: Better Start Early*

- Designed for high school women to raise awareness about breast cancer.
- Focuses on creating a positive attitude toward breast self-exam.
- Teaches students to make healthy choices.
- Outlines the steps students should follow leading to early detection of breast cancer.

Made possible by a generous grant from the Chicagoland Area Affiliate of the

Susan G. Komen Breast Cancer Foundation.



The Susan G. Komen Breast Cancer Foundation

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ROBERT CROWN CENTER

## GENERAL INFORMATION

### PROGRAMS OFFERED

Monday through Friday from  
September through June.

**RESERVATIONS: REQUIRED!**

Call 773-722-6769

### SCHEDULE

Preschool/Kindergarten

10:00 a.m., 11:15 a.m. and 12:45 p.m.

All other programs

9:30 a.m. and 11:15 a.m.

### LATE AFTERNOON PROGRAMS

From September through June, late afternoon presentations for groups, such as after-school programs, can be scheduled by reservation. Programs can begin anytime between 2:30 p.m. and 4 p.m. (60-90 min.)

### PARENT/STUDENT EVENING PROGRAMS

Many parent/child groups attend Robert Crown programs during evening hours. This has been an especially popular option for Family Living/Sex Education programs. Parents have been enthusiastic about the opportunity to share this learning experience with their child.

### TEACHER INSERVICE PROGRAMS

Robert Crown at Homan Square is currently providing inservice programs for all state preschool teachers.

CPDUs: Offered when part of a teacher in-service

PROGRAMS ARE FREE FOR  
STUDENTS IN CHICAGO SCHOOLS

SPANISH PROGRAMS AVAILABLE

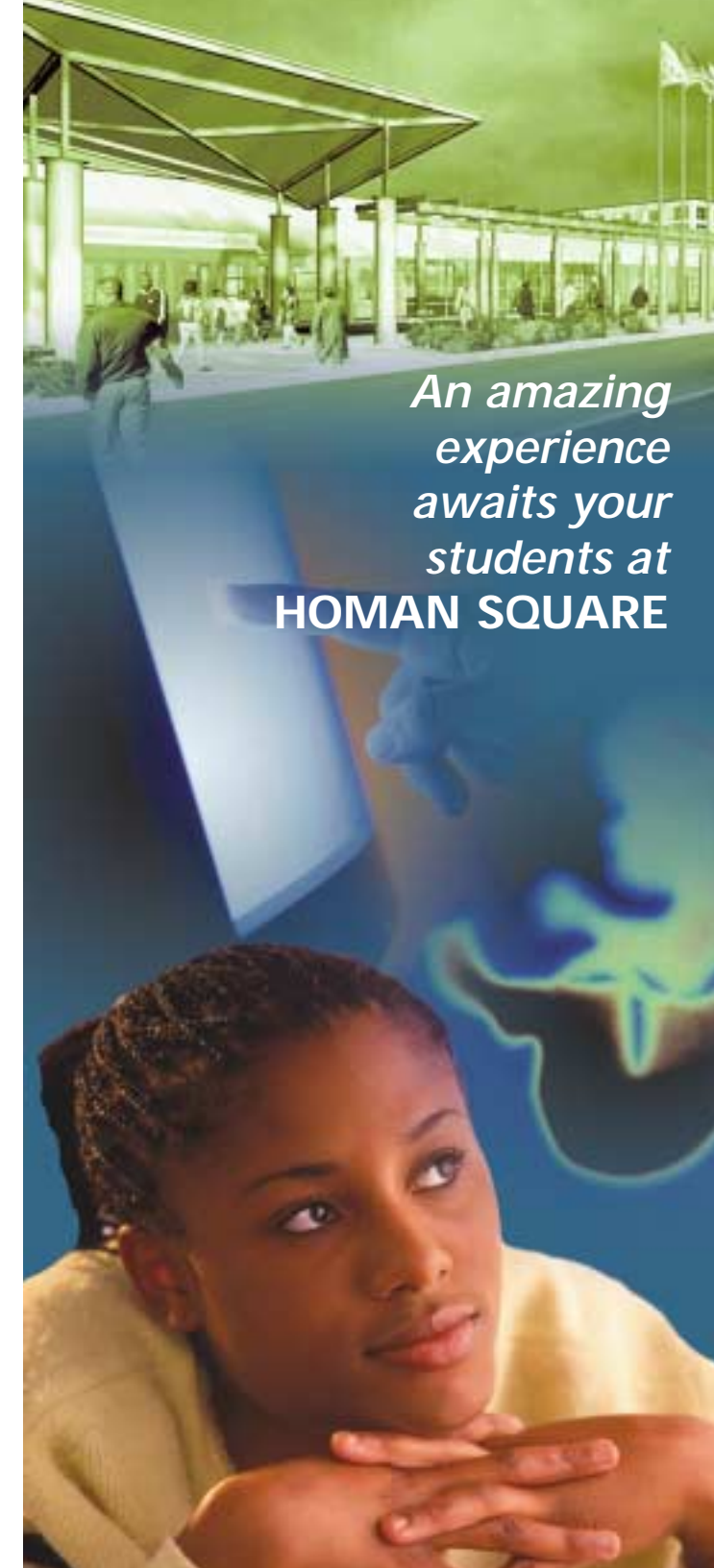
ALL ROBERT CROWN PROGRAMS MEET MULTIPLE STATE  
GOALS FOR LEARNING RESERVATIONS: 773-722-6769

Visit our website [www.health-ed.org](http://www.health-ed.org)

The Robert Crown Center at Homan Square  
3517 W. Arthington, Chicago, IL 60624

PROGRAMS ARE FREE  
FOR STUDENTS IN  
CHICAGO SCHOOLS  
An unforgettable experience ...

An amazing  
experience  
awaits your  
students at  
HOMAN SQUARE





# TEACHERS: BOOK YOUR RESERVATIONS NOW FOR AN UNFORGETTABLE EXPERIENCE

*The quality Health Education programs presented by Robert Crown Center for over 30 years are now at Homan Square in Chicago!*



## PRESCHOOL AND KINDERGARTEN

### General Health Education

#### Pre-school Right Start

- Designed for 4-year-olds.
- Stresses healthy choices such as proper nutrition and sleep.
- Emphasizes the importance of cleanliness & demonstrates correct toothbrushing.
- Introduces the skeleton and some of the body's most important organs.

(45 min.)

*Our Health Adventures program offers 8 additional preschool presentations on topics such as dental hygiene, safety and nutrition. Call 773-722-6769 for more information.*

### General Health Education

#### Kindergarten Warm Fuzzies

- Uses puppets, story-telling and videos to describe different body organs and systems.
- Stresses posture, diet, exercise and proper rest.
- Discusses safety issues and techniques for dealing with dangerous situations.
- Teaches about "warm fuzzies," the nice things we say to each other.

(45 min.)

## GRADES 1 & 2

### General Health Education

#### Grade 1 Healthland

- Emphasizes keeping healthy with exercise and rest.
- Illustrates proper nutrition using a 3-D food pyramid.
- Introduces the concept of germs and the importance of hand washing.
- Teaches about the body, different organs, and the senses.

(45 min.)



### General Health Education

#### Grade 2 Body Club

- Uses an anatomy apron to teach about the body, the organs and their functions.
- Illustrates good nutrition using a 3-D food pyramid.
- Encourages children to become physically active using props and music.
- Emphasizes the importance of cleanliness, good hygiene and sleep.

(60 min.)

### General Health Education

#### Grades 1 & 2 Smart Kids/Safe Kids

- Focuses on personal safety in various situations.
- Teaches concepts of home, playground and traffic safety, as well as safe strategies for latchkey kids.
- Discusses how children can rely on their inner feelings in "uh-oh" situations.
- Explains the difference between good, caring touches and potentially bad or harmful touches.
- Includes a video, featuring a puppet, which deals sensitively with the issue of sexual abuse.

(60 min.)

### Drug Abuse Prevention

#### Grades 1 & 2

##### "Bear" Facts About Drugs

- Features "Barnameyer Bear," talking about the safe use of over-the-counter and prescription medicines and why illegal drugs are harmful to growing bodies and minds.
- Teaches about other healthy choices - nutritious foods, regular exercise, adequate sleep.
- Reinforces Barnameyer Bear's message about a lifetime of healthy choices and the importance of staying drug free.

(60 min.)



## GRADE 3

### General Health Education

#### Grade 3 A Health Adventure

- Discusses proper nutrition and the importance of exercise and rest.
- Teaches about the human body and different organs through the use of Oscar, the take-apart man, and a skeleton.
- Introduces concepts of the body systems and different types of body cells.

(60 min.)

### Drug Abuse Prevention

#### Grade 3 Red Light! Green Light!

- Helps students distinguish between legal and illegal drugs.
- Covers over-the-counter and prescription drugs in addition to tobacco, marijuana, cocaine, and inhalants.
- Emphasizes healthy choices and identifies adults who can be trusted to have good information.

(60 min.)

## GRADES 4, 5 & 6

### Family Living Education

#### Grade 5 Life Begins

- Introduction to the miracle of human reproduction.
- Covers puberty and male and female reproductive anatomy.
- Provides information on menstruation, fetal development & the birth process.
- Includes short ultrasound video, dramatic slides and models.

(85 min.)



### Puberty Education

#### Grades 5-6 Linda Program

- Prepares girls for the onset of puberty
- Discusses menstruation in detail and feminine hygiene.
- Describes both the male and female reproductive anatomy.
- Includes comprehensive take-home booklet.

(85 min.)

### Puberty Education

#### Grades 5-6 Michael Program

- Prepares boys for the onset of puberty.
- Discusses hygiene and respect for others.
- Describes both the male and female reproductive anatomy.
- Includes comprehensive take-home booklet.

(85 min.)



### Family Living Education

#### Grade 6 Human Growth & Development

- Discusses the physical changes of puberty.
- Highlights the male and female reproductive anatomy as well as the female menstrual cycle.
- Covers fertilization, fetal development and the birth process. (85 min.)



### General Health Education

#### Grades 4-6 Incredible Machine

- Introduces the body, its organs and systems.
- Presents basic information on the reproductive system to 6th graders only.
- Reviews heart function, the brain and the nervous system.
- Emphasizes healthy heart care including diet, exercise and not smoking.
- Includes an overview of drugs, obesity, and asthma.

(85 min.)



### Drug Abuse Education

#### Grades 4-6 Drugs-Choice or Chance

- Covers drug use and abuse, their effects and why people use drugs.
- Makes students aware of how advertising, media and peer pressure can affect their decisions about drugs.
- Discusses prescription and over-the-counter drugs, alcohol, tobacco, marijuana, ecstasy, and inhalants.

(85 min.)

### AIDS Education

#### Grades 4-6 AIDS: Alleviating Fears

- Introduces students to the relationship between good health practices and disease prevention.
- Focuses on the way HIV/AIDS is and is not spread.
- Reviews progression of AIDS as a disease.
- Emphasizes safe behaviors and contrasts them with high risk ones. (60 min.)

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**PROGRAMS ARE FREE FOR STUDENTS IN CHICAGO SCHOOLS**

**SPANISH PROGRAMS AVAILABLE RESERVATIONS: 773-722-6769**